



We **LEARN** with **PRIDE**

Priory Junior School, Priory Road, Gedling, Nottingham, NG4 3LE
Head Teacher: Mr. J. Cross
office@priory-jun.notts.sch.uk

Newsletter – 2.10.26

Key Dates:

Monday 5th October – Attendance Breakfast for Year 4

Wednesday 7th October – Wheelchair Basketball Day – P.E. for everyone please!

Monday 12th October: Coffee and Conversation – Behaviour @ 2:30PM

Thursday 15th October: Year 5 Space Centre Trip

Week Beginning 19th Oct AND 26th Oct – Half Term

Monday 9th November – Attendance Award: Cinema Trip – Year Group TBC

Monday 9th November: Anti-Bullying Week

Monday 16th November: Assessment Week 1

Monday 23rd November: Assessment Week 2

Wednesday 25th November: Romans Trip – Year 4

Tuesday 1st December: Thursday 3rd December: Parents' Evening

Thursday 10th December: Parents' Coffee Morning

Tuesday 15th December: Y3 Nativity

Thursday 17th December: Christmas Party Day – Non-uniform

What another busy and enjoyable week we have had at Priory!



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As we move further into the autumn term, it has been lovely to see the children continuing to settle into their routines, approach their learning with enthusiasm and show our PRIDE values in so many different ways. There is always plenty happening across school, and this week has been no exception.

I continue to be impressed by the positive attitude, determination and kindness shown by our children, both in the classroom and around school. Thank you, as always, to our families for your continued support — it makes such a difference and is very much appreciated.

I hope you enjoy catching up on some of the highlights from this week.

Moveathon!

What a great morning we had! The children thoroughly enjoyed Mr Payne's very own Tough Mudder! Thank you to everyone that was able to join us on the field to cheer on the children – and we nearly managed to stay dry! Some children completed the event in their costumes and did an amazing job! Thank you for all the money that has been raised so far. Please continue to share the JustGiving page https://www.justgiving.com/page/priory-moveathon?utm_medium=FA&utm_source=EM with friends and family, and we will collect sponsorship forms over the next week. We look forward to sharing with you the total of monies raised for The Children and Young People's Cancer Association.





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Visit to All Hallows Church

Year 5 had a lovely visit to All Hallows Church in Gedling as part of their local history work, and what better way to learn about the past than by stepping inside a building that has been part of the community for hundreds of years. The children enjoyed spotting the different historical features, hearing some of the stories connected to the church and thinking about the important role it has played in local life over the years. It was a brilliant chance to bring their learning to life, and I have to say their behaviour was absolutely impeccable. They listened carefully, showed great respect and represented Priory wonderfully — we were very proud of them.

Amazing Writing by Paige

We have had some truly fantastic writing brought in to school this week, including a wonderful piece entitled *A Stormy Day*. I was particularly impressed by the vivid imagery and mature choice of language, with lines such as, “*As the heavens open, the clouds let out a silent cry,*” and “*Suddenly, I think rain is a source of worry and despair.*” What brilliant examples of using language to create atmosphere and make the reader really feel part of the scene.

As if this superb piece of writing wasn't enough, Paige has also set this writing to music supported by her uncle; who himself is a published poet! Genius clearly runs in the family.

A superb piece of writing and something to be very proud of!

Pupil Entry Form

Name: Paige Surname: Day Age: 10
 Teacher's Name: Mrs Arkley Brown
 School Name: Priory Junior School Postcode: _____

Write your poem here:

POEM TITLE: Stormy Day

I sit at my bed,
 looking out my window,
 I watch the sun slip behind the clouds,
 I gaze at the empty atmosphere,
 flipping suddenly,
 As the heavens open,
 the clouds let out a silent cry,
 I watch the fast flowing droplets bounce,
 the ground suddenly fills with puddles
 of sorrow,
 a slow pattering of raindrops fall upon
 my window pane,
 Birds drift in the misty sky,
 the spider web on my window
 dances with every drop,
 the sky erupts with anger,
 Suddenly I think rain is a source of worry and
 despair,
 the sky lights up blinding me with grumbles and moans,
 as I gaze into the storm, I see the beauty unfold.

(Continue on a separate sheet, should you need to)

A Fantastic Achievement for Vienna!





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A huge well done to Vienna in Year 4, whose artwork has been selected as one of just ten winning entries in the Carlton Active Community Art Competition! The competition invited people from across Gedling to create artwork showing what the new leisure centre means to them, with entries coming from schools, youth groups, community organisations and individual artists. Vienna's winning design has now been professionally reproduced and is proudly displayed on the hoardings around the Carlton Active construction site for the local community to enjoy.



What a fantastic achievement and a wonderful example of creativity and confidence. We are incredibly proud to see a Priory pupil's work being celebrated out in our local community. Well done, Vienna!

Parking...

A quick reminder about parking safely at the beginning and end of the school day. Please do not park on the yellow zig-zag lines outside school, block the road, or stop across residents' driveways. We know that drop-off and pick-up times can be busy, but keeping these areas clear helps us to keep children safe and ensures that our neighbours can access their homes without difficulty. Thank you, as always, for your support and consideration.

Parent Drop-In

On Monday 12th October at 2:30pm, we will be holding our first Coffee and Conversation session for parents and carers, focusing on understanding behaviour and emotional regulation. We will share how, at Priory, we see behaviour as communication and how our approach is rooted in relationships, connection and helping children develop the skills to understand their emotions, make positive choices and repair relationships when things go wrong. We will also talk about the Priory Way and our PRIDE values, Zones of Regulation, co-regulation, supporting individual needs and how we celebrate positive behaviour. This will be the first in a series of informal sessions across the year, and we hope many of you will be able to join us.

Wellbeing: Supporting Children at Home – Understanding Energy Levels

One helpful way of supporting children with anxiety and emotional regulation is to help them notice their energy levels. An "energy meter" gives children a simple visual way of describing how their body feels — perhaps low and tired, calm and ready, or very high and overwhelmed. Regularly checking in with questions such as "Where is your energy at the moment?" can help children become more aware of what their body is



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telling them and begin to recognise what they might need. Energy meters are commonly used to help children communicate their needs and identify helpful strategies.

At home, you could use the resource together and talk about what helps when energy is too high or too low. This might be some quiet time, reading, movement, fresh air, music or simply having a few minutes to reset. The important thing is that there is no “wrong” energy level — we are helping children understand themselves and find strategies that work for them. You can explore the Energy Levels and Energy Meter resource here:

[Anxiety – Energy Levels and Energy Meter](#)

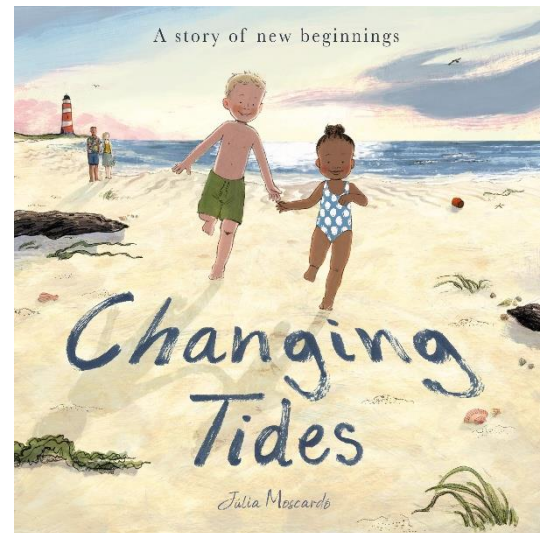
What I’m reading – Changing tides by Julia Moscardó

At the moment, I’m reading *Changing Tides* by Júlia Moscardó, and I have really enjoyed this one.

It is a beautifully illustrated story about change, new beginnings and what happens when two families come together. What I particularly like is that it does not pretend that change is always easy. Sometimes it can feel a little awkward, uncertain or just plain strange at first — and I think that is something lots of children (and adults!) can relate to.

There is a real warmth to the story, and it gently reminds us that relationships take time, kindness and a bit of patience. The seaside setting and lovely illustrations make it a really calming book to read too.

A simple, thoughtful story with a lot of heart.



As always, thank you for your continued support and for everything you do to help make Priory such a special community. It has been another busy week, with lots to celebrate, and I hope you all have a lovely weekend — hopefully with a little time to relax before we do it all again next week!

Take care,

Mr Cross

